# Investigations on the trigonal twist process in the pseudooctahedral complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right](\mathrm{M}=\mathrm{Mo}$ or $\mathrm{W} ; \mathrm{X}=$ halide or pseudohalide; $\mathrm{P}-\mathrm{P}=$ bidentate P -donor ligand; $\mathrm{R}=$ cycloheptatrienyl, cyclohexenyl or cyclooctenyl) 

John Friend, Saeed Y. Master, Ian Preece, Dale M. Spencer, Kathryn J. Taylor, Assay To, John Waters, Mark W. Whiteley *<br>Department of Chemistry, University of Manchester, Manchester M13 9PL, UK

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#### Abstract

A series of complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right]\left[\mathrm{M}=\mathrm{Mo}\right.$ or $\mathrm{W} ; \mathrm{X}=$ halide, NCO or $\left.\mathrm{NCS} ; \mathrm{P}-\mathrm{P}=\mathrm{Ph}_{2} \mathrm{P}\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PPh}_{2}(n=1-3)\right]$ have been prepared. Variable temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR investigations reveal the operation of a trigonal twist fluxional process in complexes where $\mathrm{R}=$ cycloheptatrienyl $\left(\mathrm{C}_{7} \mathrm{H}_{7}\right)$, cyclohexenyl $\left(\mathrm{C}_{6} \mathrm{H}_{9}\right)$ or cyclooctenyl $\left(\mathrm{C}_{8} \mathrm{H}_{13}\right)$ with $\Delta G_{C}^{\text {娄 (the free energy }}$ of activation at the temperature of coalescence) strongly R -dependent. Using the cycloheptatrienyl complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}\left\{\mathrm{Ph}_{2} \mathrm{P}_{\left(\mathrm{CH}_{2}\right)_{n}} \mathrm{PPh}_{2}\right\}\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ detailed investigations have been made to establish the effect on $\Delta G_{C}^{\ddagger}$ of variation of $X$, $n$ and M. © 2002 Published by Elsevier Science B.V.


Keywords: Allyl ligand; Cycloheptatrienyl; Molybdenum; Fluxionality; Trigonal twist process

## 1. Introduction

Complexes of the general formulation [MX(CO) $2^{-}$ $\left.(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right](\mathrm{M}=\mathrm{Mo}$ or $\mathrm{W} ; \mathrm{X}=$ halide or pseudohalide; $\mathrm{P}-\mathrm{P}=$ bidentate P -donor ligand; $\mathrm{R}=$ allyl $[1,2]$, pentadienyl [3], hexadienyl [4], cycloheptatrienyl [5,6], cycloheptadienyl [7], cyclooctadienyl [8]) are an important class of compounds in the organometallic chemistry of molybdenum and tungsten. X-ray structural studies on selected, diverse examples reveal the adoption of a common pseudooctahedral structure with an asymmetric ligand arrangement $[2,3,6]$ in which one phosphorus donor atom of the chelate $\mathrm{P}-\mathrm{P}$ ligand is located trans to the $\eta^{3}-\mathrm{R}$ group. This leaves the two carbonyls, the halide ligand and the second phosphorus essentially coplanar. In a seminal study on the allyl derivatives $\quad\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{3} \mathrm{H}_{5}\right)\right] \quad\left[\mathrm{P}-\mathrm{P}=\mathrm{Ph}_{2} \mathrm{P}-\right.$ $\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PPh}_{2}(n=1$, dppm; $n=2$, dppe $)$ or $\mathrm{Ph}_{2} \mathrm{PCH}=$

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$\mathrm{CHPPh}_{2}$ ], Faller et al. [2] employed variable temperature NMR methods to infer the operation of a trigonal twist rearrangement process in these complexes. The mechanism of the trigonal twist involves rotation of the triangular face formed by the two phosphorus atoms and the ligand X with respect to the face formed by the two carbonyls and the R (allyl) ligand. More recently we, $[5,9]$ and others [10], have demonstrated the operation of an equivalent process in cycloheptatrienyl complexes of general formulation $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{7^{-}}\right.\right.$ $\mathrm{H}_{7}$ )], albeit with a rather higher free energy of activation.

The asymmetric structure of complexes of general formulation $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right]$ affords the potential for regio- and stereo-selective synthesis [11] but progress in this endeavour would require both recognition and control of any trigonal twist process. The objectives of the work in the current paper are therefore twofold. First, since investigations to date have been restricted to allyl and cycloheptatrienyl complexes, we set out to explore the generality of the trigonal twist rearrangement in complexes with a variety of $\eta^{3}-R$


ligands. Secondly, we have attempted to quantify the effect of variation of R, X, P-P, and M upon the free energy of activation of the trigonal twist process. The existing data for $\eta^{3}-\mathrm{C}_{3} \mathrm{H}_{5}$ complexes [2] give some indication of these effects but the very low free energies of activation observed for these complexes did not permit a full investigation (for example, values for free energies of activation are restricted to $\mathrm{X}=\mathrm{I}$ ). In fact the identity of R has a very significant effect upon the free energy of activation $\Delta G_{C}^{\ddagger}$ and, taking an extreme case as an example, for the two complexes [MoI$(\mathrm{CO})_{2}($ dppe $\left.)\left(\eta^{3}-\mathrm{R}\right)\right]\left(\mathrm{R}=\mathrm{C}_{3} \mathrm{H}_{5}\right.$ [2] or $\left.\mathrm{C}_{7} \mathrm{H}_{7}[5]\right), \Delta G_{\mathrm{C}}^{\ddagger}$ is ca. $20 \mathrm{~kJ} \mathrm{~mol}^{-1}$ greater for the cycloheptatrienyl derivative. The focus of our work in the quantification of the effects of X and $\mathrm{P}-\mathrm{P}$ is therefore with $\eta^{3}$-cycloheptatrienyl complexes for which limiting low temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectra and coalescence temperatures are readily accessible for a wide range of ligands.

## 2. Results and discussion

### 2.1. Synthetic studies

The work described in this paper draws together the results of our previous investigations on $\eta^{3}$-cycloheptatrienyl complexes together with new synthetic and NMR spectroscopic work. A full listing of the complexes considered in this paper is given in Scheme 1 but of these, the following new complexes are reported. The cyclohexenyl ( $\mathrm{R}=\mathrm{C}_{6} \mathrm{H}_{9}$ ) and cyclooctenyl ( $\mathrm{R}=\mathrm{C}_{8} \mathrm{H}_{13}$ ) complexes $\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\right.$ dppe $\left.)\left(\eta^{3}-\mathrm{R}\right)\right]\left(\mathbf{1}, \mathrm{R}=\mathrm{C}_{6} \mathrm{H}_{9} ; \mathbf{4}\right.$, $\mathrm{R}=\mathrm{C}_{8} \mathrm{H}_{13}$ ) were prepared by treatment of the known precursors $\quad\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{NCMe})_{2}\left(\eta^{3}-\mathrm{R}\right)\right] \quad\left(\mathrm{R}=\mathrm{C}_{6} \mathrm{H}_{9}\right.$ [12]; $\mathrm{R}=\mathrm{C}_{8} \mathrm{H}_{13}$ [13]) with dppe in $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ and isolated as yellow-orange solids. Halide substituted derivatives $\left[\operatorname{MoX}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right], \mathbf{3}, \mathrm{X}=\mathrm{I} ; \mathbf{5}, \mathrm{X}=\mathrm{Cl}$ were

| Complex | M | X | P-P | R |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Mo | Br | dppe | $\mathrm{C}_{6} \mathrm{H}_{9}$ |
| 2 | W | Br | dppe | $\mathrm{C}_{6} \mathrm{H}_{9}$ |
| 3 | Mo | I | dppe | $\mathrm{C}_{8} \mathrm{H}_{13}$ |
| 4 | Mo | Br | dppe | $\mathrm{C}_{8} \mathrm{H}_{13}$ |
| 5 | Mo | Cl | dppe | $\mathrm{C}_{8} \mathrm{H}_{43}$ |
| 6 | Mo | I | dppe | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 7 | Mo | Br | dppe | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 8 | Mo | Cl | dppe | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 9 | Mo | NCO | dppe | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 10 | Mo | NCS | dppe | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 11 | Mo | NCO | dppm | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 12 | Mo | NCO | dppp | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 13 | Mo | Br | dppp | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 14 | Mo | NCO | dmpe | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 15 | w | I | dppe | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 16 | w | Br | dppe | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 17 | W | Cl | dppe | $\mathrm{C}_{7} \mathrm{H}_{7}$ |
| 18 | w | NCO | dppp | $\mathrm{C}_{7} \mathrm{H}_{7}$ |

Scheme 1. Numbering scheme for complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P}) \eta^{3}-\mathrm{R}\right]$.
prepared by reaction of 4 with $\mathrm{Ag}\left[\mathrm{BF}_{4}\right]$ in acetone followed by treatment with KI or LiCl , respectively. The cyclohexenyl tungsten complex $\left[\mathrm{WBr}(\mathrm{CO})_{2^{-}}\right.$ (dppe) $\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)$ ] (2), was isolated as a yellow solid from the reaction of dppe with $\left[\mathrm{WBr}(\mathrm{CO})_{2}(\mathrm{NCMe})_{2}\left(\eta^{3}-\right.\right.$ $\left.\mathrm{C}_{6} \mathrm{H}_{9}\right)$ ]. A series of cycloheptatrienylmolybdenum complexes $\quad\left[\mathrm{MoX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right] \quad[\mathrm{X}=\mathrm{Br}, \quad 7$, $\mathrm{P}-\mathrm{P}=\mathrm{dppe} ; 13, \mathrm{P}-\mathrm{P}=\mathrm{Ph}_{2} \mathrm{PCH}_{2} \mathrm{CH}_{2} \mathrm{CH}_{2} \mathrm{PPh}_{2}$ (dppp); $\mathrm{X}=\mathrm{NCO}, \quad 11, \quad \mathrm{P}-\mathrm{P}=\mathrm{dppm} ; \quad 12, \quad \mathrm{P}-\mathrm{P}=\mathrm{dppp} ; \quad 14$, $\mathrm{P}-\mathrm{P}=\mathrm{Me}_{2} \mathrm{PCH}_{2} \mathrm{CH}_{2} \mathrm{PMe}_{2}$ (dmpe)] were prepared by reaction of $\left[\mathrm{MoX}(\mathrm{CO})_{2}\left(\eta^{7}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ with $\mathrm{P}-\mathrm{P}$ in $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ and isolated as red/purple solids. Finally the cycloheptatrienyltungsten complexes $\left[\mathrm{WX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$, (16, $\mathrm{X}=\mathrm{Br}, \mathrm{P}-\mathrm{P}=\mathrm{dppe} ; \mathbf{1 8}, \mathrm{X}=\mathrm{NCO}, \mathrm{P}-\mathrm{P}=\mathrm{dppp})$ were prepared by reaction of $\left[\mathrm{WX}(\mathrm{CO})_{2}\left(\eta-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ with $\mathrm{P}-\mathrm{P}$ in $\mathrm{CH}_{2} \mathrm{Cl}_{2}$. Details of the characterisation of the new complexes $\mathbf{1 - 5}, \mathbf{7}, 11-14,16$ and 18 are presented in Table 1 (microanalytical, IR and mass spectroscopic data) and Table $2\left({ }^{1} \mathrm{H}-,{ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}\right.$ - and ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectroscopic data). Also included in Table 2 are previously unreported ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR data for $\left[\mathrm{MoX}(\mathrm{CO})_{2}{ }^{-}\right.$ $($ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right](9, \mathrm{X}=\mathrm{NCO} ; 10, \mathrm{X}=\mathrm{NCS})[6]$.

### 2.2. Spectroscopic studies

### 2.2.1. Variable temperature ${ }^{31} P\left\{{ }^{1} H\right\}-N M R$ investigations

The principal method that we have employed to investigate the fluxional properties of $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})-\right.$ $\left.\left(\eta^{3}-\mathrm{R}\right)\right]$ is variable temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectroscopy. Typically these complexes exhibit limiting low temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$ spectra consisting of a doublet of doublets pattern arising from the two inequivalent, coupled phosphorus environments. As the temperature is increased, ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectra of complexes in which the trigonal twist process is operative display coalescence of the two discrete phosphorus resonances as the environments are averaged by the fluxional process. A full list of the complexes considered in this investigation together with the essential data for calculation of $\Delta G_{C}^{\ddagger}(\delta v$, the chemical shift separation in Hz of the two phosphorus environments in the limiting low temperature spectrum and $T_{\mathrm{C}}$ the coalescence temperature) is presented in Table 3. Our earlier investigations [5,9] utilized a field of 32 MHz for ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR investigations whereas the new work reported in this paper employs a field of 121.5 MHz . These details are also made clear in Table 3 so that inappropriate comparisons of $\delta v$ and $T_{\mathrm{C}}$ are avoided. As far as possible we have used $\mathrm{CDCl}_{3}$ as the standard solvent for our variable temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$ investigations but in cases where limiting low temperature spectra were expected to be below $-40{ }^{\circ} \mathrm{C}, \mathrm{CD}_{2} \mathrm{Cl}_{2}$ was preferred since this avoided extensive precipitation of the sample.

The free energies of activation at the temperature of coalescence, $\Delta G_{C}^{⿻}$, presented in Table 3, were deter-
Table 1
Microanalytical, infrared and mass spectroscopic data

| Complex | Colour | Yield | Analysis (\%) ${ }^{\text {a }}$ |  |  | Infrared ${ }^{\text {b }}$ <br> $v(\mathrm{CO})\left(\mathrm{cm}^{-1}\right)$ | Mass spectral data ${ }^{\text {c }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | C | H | N |  |  |
| $1\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)\right]$ | Yellow-orange | 44 | 57.7 (57.4) | 4.7 (4.6) |  | 1931, 1844 | $\begin{aligned} & 712\left(\mathrm{M}^{+}\right), 654\left([\mathrm{M}-3 \mathrm{H}-2 \mathrm{CO}]^{+}\right), 633\left([\mathrm{M}-\mathrm{Br}]^{+}\right), 603 \\ & \left([\mathrm{M}-\mathrm{Br}-\mathrm{CO}-2 \mathrm{H}]^{+}\right), 575\left([\mathrm{M}-\mathrm{Br}-2 \mathrm{CO}-2 \mathrm{H}]^{+}\right), 496 \\ & \left(\left[\mathrm{M}-\mathrm{Br}-2 \mathrm{CO}-\mathrm{C}_{6} \mathrm{H}_{9}\right]^{+}\right) \end{aligned}$ |
| $2\left[\mathrm{WBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)\right]$ | Yellow | 92 | 51.6 (51.1) | 4.5 (4.1) |  | 1923, 1835 | $798\left(\mathrm{M}^{+}\right), 739\left([\mathrm{M}-3 \mathrm{H}-2 \mathrm{CO}]^{+}\right), 718\left([\mathrm{M}-\mathrm{Br}]^{+}\right), 688$ $\left([\mathrm{M}-\mathrm{Br}-\mathrm{CO}-2 \mathrm{H}]^{+}\right), 660\left([\mathrm{M}-\mathrm{Br}-2 \mathrm{CO}-2 \mathrm{H}]^{+}\right)$ |
| $3\left[\mathrm{MoI}(\mathrm{CO})_{2}(\right.$ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right]$ | Orange | 40 | 54.5 (55.0) | 5.0 (4.7) |  | 1935, 1840 | $661\left([\mathrm{M}-\mathrm{I}]^{+}\right)^{\text {d }}$ |
| $4\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right]$ | Yellow-orange | 83 | 58.5 (58.5) | 5.1 (5.0) |  | 1932, 1837 | $661\left([\mathrm{M}-\mathrm{Br}]^{+}\right), 633\left([\mathrm{M}-\mathrm{Br}-\mathrm{CO}]^{+}\right)^{\mathrm{d}}$ |
| $5\left[\mathrm{MoCl}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right]$ | Yellow-orange | 32 | 62.0 (62.2) | 5.3 (5.3) |  | 1929, 1833 | $660\left([\mathrm{M}-\mathrm{Cl}]^{+}\right)^{\text {d }}$ |
| $7\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | Purple-red | 80 | 58.3 (58.3) | 4.5 (4.3) |  | 1936, 1855 | $\begin{aligned} & 643\left([\mathrm{M}-\mathrm{Br}]^{+}\right), 615\left([\mathrm{M}-\mathrm{Br}-\mathrm{CO}]^{+}\right), 587 \\ & \left([\mathrm{M}-\mathrm{Br}-2 \mathrm{CO}]^{+}\right) \end{aligned}$ |
| $11\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dppm})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | Purple | 62 | 62.7 (62.8) | 4.7 (4.3) | 2.0 (2.1) | $\begin{aligned} & 2215(v \mathrm{NCO}) \\ & 1939,1862 \end{aligned}$ | $\begin{aligned} & 629\left([\mathrm{M}-\mathrm{NCO}]^{+}\right), 612\left([\mathrm{M}-2 \mathrm{CO}]^{+}\right), 601 \\ & \left([\mathrm{M}-\mathrm{NCO}-\mathrm{CO}]^{+}\right), 573\left([\mathrm{M}-\mathrm{NCO}-2 \mathrm{CO}]^{+}\right)^{\mathrm{d}} \end{aligned}$ |
| $12\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dppp})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | Red | 63 | 63.3 (63.7) | 4.8 (4.7) | 2.0 (2.0) | $\begin{aligned} & 2217(v \mathrm{NCO}) \\ & 1932,1853 \end{aligned}$ | $\begin{aligned} & 657\left([\mathrm{M}-\mathrm{NCO}]^{+}\right), 643\left([\mathrm{M}-2 \mathrm{CO}]^{+}\right), 601 \\ & \left([\mathrm{M}-\mathrm{NCO}-2 \mathrm{CO}]^{+}\right), 552\left(\left[\mathrm{M}-\mathrm{C}_{7} \mathrm{H}_{7}-2 \mathrm{CO}\right]^{+}\right) \end{aligned}$ |
| $13\left[\operatorname{MoBr}(\mathrm{CO})_{2}(\mathrm{dppp})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | Orange-red | 86 | 59.5 (58.8) | 4.8 (4.5) |  | 1940, 1852 | $\begin{aligned} & 657\left([\mathrm{M}-\mathrm{Br}]^{+}\right), 629\left([\mathrm{M}-\mathrm{Br}-\mathrm{CO}]^{+}\right), 601 \\ & \left([\mathrm{M}-\mathrm{Br}-2 \mathrm{CO}]^{+}\right) \end{aligned}$ |
| $14\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dmpe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | Purple | 30 | 44.1 (43.9) | 5.4 (5.3) | 3.2 (3.2) | $\begin{aligned} & 2215(\nu \mathrm{NCO}) \\ & 1929,1847 \end{aligned}$ | $\begin{aligned} & 394\left([\mathrm{M}-\mathrm{NCO}]^{+}\right), 381\left([\mathrm{M}-2 \mathrm{CO}]^{+}\right), 339 \\ & \left([\mathrm{M}-\mathrm{NCO}-2 \mathrm{CO}]^{+}\right) \end{aligned}$ |
| $16\left[\mathrm{WBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | Orange-red | 88 | 51.9 (51.9) | 4.0 (3.8) |  | 1930, 1848 | $\begin{aligned} & 808\left(\mathrm{M}^{+}\right), 752\left([\mathrm{M}-2 \mathrm{CO}]^{+}\right), 729\left([\mathrm{M}-\mathrm{Br}]^{+}\right), 717 \\ & \left(\left[\mathrm{M}-\mathrm{C}_{7} \mathrm{H}_{7}\right]^{+}\right), 673\left([\mathrm{M}-\mathrm{Br}-2 \mathrm{CO}]^{+}\right), 662 \\ & \left(\left[\mathrm{M}-2 \mathrm{CO}-\mathrm{C}_{7} \mathrm{H}_{7}\right]^{+}\right) \end{aligned}$ |
| $18\left[\mathrm{~W}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dpppp})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | Red | 37 | 56.0 (56.6) | 3.7 (4.2) | 1.7 (1.8) | $\begin{aligned} & 2226(\nu \mathrm{NCO}) \\ & 1927,1845 \end{aligned}$ | $785\left(\mathrm{M}^{+}\right), 743\left([\mathrm{M}-\mathrm{NCO}]^{+}\right), 729\left([\mathrm{M}-2 \mathrm{CO}]^{+}\right), 694$ $\left(\left[\mathrm{M}-\mathrm{C}_{7} \mathrm{H}_{7}\right]^{+}\right), 652\left(\left[\mathrm{M}-\mathrm{C}_{7} \mathrm{H}_{7}-\mathrm{NCO}\right]^{+}\right), 638$ $\left(\left[\mathrm{M}-2 \mathrm{CO}-\mathrm{C}_{7} \mathrm{H}_{7}\right]^{+}\right)$ |

[^1]Table 2
${ }^{1} \mathrm{H}-,{ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ - and ${ }^{31} \mathrm{P}\left\{{ }^{[1} \mathrm{H}\right\}$-NMR data for $\left.\left[\mathrm{MoX}(\mathrm{CO})_{2} \mathrm{R}_{2}^{\prime} \mathrm{P}\left(\mathrm{CH}_{2}\right)\right)_{n} \mathrm{PR}_{2}^{\prime}\left(\eta^{3}-\mathrm{R}\right)\right]^{a}$

| Complex | ${ }^{1} \mathrm{H}$-NMR data |  |  | ${ }^{13} \mathrm{C}$-NMR data |  |  |  | ${ }^{31} \mathrm{P}-\mathrm{NMR}$ data |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | R | $\mathrm{R}_{2}^{\prime} \mathrm{P}\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PR}_{2}^{\prime}$ |  | CO | R | $\mathrm{R}_{2}^{\prime} \mathrm{P}\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PR}_{2}^{\prime}$ |  | $\delta^{31} \mathrm{P}$ | $J(\mathrm{P}-\mathrm{P})(\mathrm{Hz})$ | $T$ (K) |
|  |  | $\mathrm{R}^{\prime}$ | $\mathrm{CH}_{2}$ |  |  | $\mathrm{R}^{\prime}$ | $\mathrm{CH}_{2}$ |  |  |  |
| 1 | $\left(-40{ }^{\circ} \mathrm{C}\right), \mathrm{CH}$ protons: $4.52,1 \mathrm{H}$, $\mathrm{m}, 4.30,1 \mathrm{H}, \mathrm{br}, 3.71,1 \mathrm{H}, \mathrm{m}$; $\mathrm{C} \mathrm{H}_{2}$ protons: 2.07-1.76, m, 5 H $\left(4 \mathrm{H}, \mathrm{CH}_{2}\right), 1.05,1 \mathrm{H}, \mathrm{br}, 0.47,1 \mathrm{H}$, br | 7.82-7.17 | $3.00, \mathrm{~m}, 2 \mathrm{H}, 2.40$, m, $1 \mathrm{H}, 2.07-1.76$, m, 5 H ( 1 H, dppe) | $\begin{aligned} & \left(-30^{\circ} \mathrm{C}\right) 224.7, \\ & \mathrm{dd}\{7,14\} 220.5, \\ & \mathrm{dd}\{13,32\} \end{aligned}$ | $\begin{aligned} & \text { 81.3, 71.2, 66.2, } \\ & \mathrm{CH}, 22.6,22.0, \\ & 18.4, \mathrm{CH}_{2} \end{aligned}$ | 135.8-127.7 | 26.7, m; 22.5, m | 41.97 40.16 | n.r. | 213 |
| $2{ }^{\text {b }}$ | $\left(-40{ }^{\circ} \mathrm{C}\right), \mathrm{CH}$ protons: $4.14,1 \mathrm{H}$, br, $4.07,1 \mathrm{H}, \mathrm{br}, 3.02,1 \mathrm{H}, \mathrm{m}$; $\mathrm{C} \mathrm{H}_{2}$ protons: $2.13-1.73, \mathrm{~m}, 5 \mathrm{H}$ $\left(4 \mathrm{H}, \mathrm{CH}_{2}\right), 1.02,1 \mathrm{H}, \mathrm{m}, 0.37,1 \mathrm{H}$, m | 7.80-7.30 | $\begin{aligned} & 3.16, \mathrm{~m}, 2 \mathrm{H}, 2.54, \mathrm{~m}, \\ & 1 \mathrm{H}, 2.13-1.73, \mathrm{~m}, \\ & 5 \mathrm{H}(1 \mathrm{H}, \mathrm{dppe}) \end{aligned}$ | 213.7 | $\begin{aligned} & \text { 72.6, br, } 64.8, \\ & 56.0, \mathrm{br}, \mathrm{CH} ; \\ & 22.1 \mathrm{br}, 19.8, \\ & \mathrm{CH}_{2} \end{aligned}$ | 132.3-127.7 | 28.0, br, 24.0, br | 30.37 [205] 26.58 [176] | 6.7 | 223 |
| $3{ }^{\text {c }}$ | CH protons: $4.78,2 \mathrm{H}$, br; 4.54, $1 \mathrm{H}, \mathrm{t} ; \mathrm{CH}_{2}$ protons: $2.41,2 \mathrm{H}, \mathrm{m}$; $2.15,1 \mathrm{H}, \mathrm{m} ; 1.57,7 \mathrm{H}, \mathrm{m}$ | 7.71-7.44 | $\begin{aligned} & 3.12,2 \mathrm{H}, \mathrm{~m} ; 2.41, \\ & 2 \mathrm{H}, \mathrm{~m} \end{aligned}$ | 225.4, m | $\begin{aligned} & 83.6,75.9 \mathrm{br}, \\ & \mathrm{CH} ; 32.2,27.5, \\ & 23.2, \mathrm{CH}_{2} \end{aligned}$ | 135.3-127.8 | 26.5, br | 42.63 41.01 | 14.1 | 203 |
| $4{ }^{\text {c }}$ | CH protons: $4.62,2 \mathrm{H}, \mathrm{br}$; 4.17, <br> $1 \mathrm{H}, \mathrm{t}, \mathrm{CH}$ 2 protons: $2.42,2 \mathrm{H}, \mathrm{m}$; <br> $2.13,1 \mathrm{H}, \mathrm{m}, 1.54,7 \mathrm{H}, \mathrm{m}$ | 7.71-7.38 | $\begin{aligned} & 3.02,2 \mathrm{H}, \mathrm{~m} ; 2.36, \\ & 2 \mathrm{H}, \mathrm{~m} \end{aligned}$ | 225.8, m | $\begin{aligned} & \text { 86.1, 77.2, } \mathrm{CH} ; \\ & \text { 32.4, 27.7, 23.2, } \\ & \mathrm{CH}_{2} \end{aligned}$ | 135.0-127.8 | 25.9, m | 45.39 42.18 | 14.0 | 193 |
| $5{ }^{\text {c }}$ | CH protons: $4.51,2 \mathrm{H}, \mathrm{br}$; 3.92, <br> $1 \mathrm{H}, \mathrm{t}$; $\mathrm{CH}_{2}$ protons: $2.42,2 \mathrm{H}, \mathrm{m}$; <br> $2.12,1 \mathrm{H}, \mathrm{m}, 1.54,7 \mathrm{H}, \mathrm{m}$ | 7.70-7.43 | $\begin{aligned} & 2.93,2 \mathrm{H}, \mathrm{~m} ; 2.29, \\ & 2 \mathrm{H}, \mathrm{~m} \end{aligned}$ | 226.1, m | $\begin{aligned} & \text { 87.0, 77.6, } \mathrm{CH} ; \\ & \text { 32.4, 27.6, 23.1, } \\ & \mathrm{CH}_{2} \end{aligned}$ | 134.5-127.7 | 25.5, m | $47.54$ <br> 44.23 | 15.9 | 188 |
| 7 | 5.43 | 7.65-7.30 | 3.17, 2.45, br | n.o. | 106.1 | 133.7-128.2 | 28-24, br | $\begin{aligned} & 45.91 \\ & 43.87 \end{aligned}$ | 13.4 | 223 |
| $9{ }^{\text {d }}$ |  |  |  |  |  |  |  | $\begin{aligned} & 44.72 \\ & 43.43 \end{aligned}$ | 15.3 | 223 |
| $10^{\text {d }}$ |  |  |  |  |  |  |  | $\begin{aligned} & 48.84 \\ & 47.82 \end{aligned}$ | 16.4 | 233 |

Table 2 (Continued)

| Complex | ${ }^{1} \mathrm{H}$-NMR data |  |  | ${ }^{13} \mathrm{C}-\mathrm{NMR}$ data |  |  |  | ${ }^{31}$ P-NMR data |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | R | $\mathrm{R}_{2}^{\prime} \mathrm{P}\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PR}_{2}^{\prime}$ |  | CO | R | $\mathrm{R}_{2}^{\prime} \mathrm{P}\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PR}_{2}^{\prime}$ |  | $\delta^{31} \mathrm{P}$ | $J(\mathrm{P}-\mathrm{P})(\mathrm{Hz})$ | $T$ (K) |
|  |  | $\mathrm{R}^{\prime}$ | $\mathrm{CH}_{2}$ |  |  | $\mathrm{R}^{\prime}$ | $\mathrm{CH}_{2}$ |  |  |  |
| $11{ }^{\text {b }}$ | 5.32, t, \{1.2\} | 7.56-7.33 | 4.26, m 4.09, m | n.o. | 105.2 | 132.7-128.3 | $36.4, \mathrm{t}$, \{18\} | $\begin{aligned} & 7.74 \\ & -6.54 \end{aligned}$ | n.r. | 243 |
| $12{ }^{\text {e }}$ | 5.13 | 7.65-7.26 | 2.76, m, 2H; 2.37, m, 2H; 2.19, br, 1H; 1.41, m, 1H | 225.3 | 105.8, br | 134.0-128.5 | 26.5, 19.1 | 15.63 | 40.8 | 213 |
|  |  |  |  |  |  |  |  | 11.00 |  |  |
| 13 | 5.35 | 7.64-7.30 | $\begin{aligned} & 3.53, \mathrm{~m}, 2 \mathrm{H} ; 2.36, \mathrm{br} \\ & 3 \mathrm{H} ; 1.37, \mathrm{~m}, 1 \mathrm{H} \end{aligned}$ |  | 106.4 | 134.4-128.1 | 28-24, br | 9.31 | 46.4 | 223 |
|  |  |  |  |  |  |  |  | 1.20 |  |  |
| 14 | 5.27, t \{1.1\} | $\begin{aligned} & 1.59, \mathrm{~d},\{8\} 1.86, \mathrm{~m} \\ & 1.52, \mathrm{~d},\{8\} \end{aligned}$ |  | n.o. | 105.0 | 14.0, 12.1, br 27.3, m |  | 40.34 | 29.3 | 223 |
|  |  |  |  | 30.86 |  |  |  |  |  |  |  |
| 16 | 5.14 | 7.66-7.41 | 3.15, br, 2H; 2.42, br, 2H |  | n.o. | 102.1 | 132.9-128.2 | 27.4, br | 32.84 [216] | 3.0 | 233 |
|  |  |  |  | 27.34 [196] |  |  |  |  |  |  |  |
| $18^{\text {e }}$ | 4.89 | 7.64-7.26 | 2.79, m, 2H; 2.49, m, 2H; 2.25, br, 1H; 1.46, m, 1H | $216.6$ | 102.0, br | 134.2-128.6 | 25.9, 19.3 | -0.39 [200] | 26.9 | 213 |  |
|  |  |  |  |  |  |  |  | $-8.06 \text { [172] }$ |  |  |  |

[^2]Table 3
Free Energies of activation, $\Delta G_{C}^{t}$ for the Trigonal Twist process in $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right]^{\mathrm{a}}$

| Complex | Field (MHz)/solvent | $T_{\mathrm{C}}(\mathrm{K})$ | $\delta v(\mathrm{~Hz})$ | $\Delta G_{C}^{ \pm}\left(\mathrm{kJ} \mathrm{mol}^{-1}\right)$ |
| :---: | :---: | :---: | :---: | :---: |
| $1\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)\right]$ | $121.5 / \mathrm{CDCl}_{3}$ | 296 | 220 | 57.2 |
| $2\left[\mathrm{WBr}(\mathrm{CO})_{2}(\right.$ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)\right]$ | $121.5 / \mathrm{CDCl}_{3}$ | 326 | 460 | 61.3 |
| $3\left[\mathrm{MoI}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right]$ | $121.5 / \mathrm{CD}_{2} \mathrm{Cl}_{2}$ | 275 | 197 | 53.3 |
| $4\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right]$ | $121.5 / \mathrm{CD}_{2} \mathrm{Cl}_{2}$ | 248 | 390 | 46.4 |
| $5\left[\mathrm{MoCl}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right]$ | $121.5 / \mathrm{CD}_{2} \mathrm{Cl}_{2}$ | 230 | 402 | 42.8 |
| $6\left[\mathrm{MoI}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]^{\text {b }}$ | $32 / \mathrm{CDCl}_{3}$ | 318 | 78 | 64.4 |
| $7\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CDCl}_{3}$ | 316 | 248 | 61.0 |
| $\mathbf{8}\left[\mathrm{MoCl}(\mathrm{CO})_{2}(\right.$ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CDCl}_{3}$ | 302 | 304 | 57.6 |
| $9\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CDCl}_{3}$ | 284 | 157 | 55.6 |
| $10\left[\mathrm{Mo}(\mathrm{NCS})(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CDCl}_{3}$ | 301 | 124 | 59.7 |
| $11\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dppm})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CDCl}_{3}$ | 328 | 1734 | 58.1 |
| $12\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dppp})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CD}_{2} \mathrm{Cl}_{2}$ | 266 | 561 | 49.1 |
| $13\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{dppp})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CDCl}_{3}$ | 305 | 985 | 55.3 |
| $14\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dmpe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CD}_{2} \mathrm{Cl}_{2}$ | 297 | 1152 | 53.4 |
| $15\left[\mathrm{WI}(\mathrm{CO})_{2}(\text { dppe })\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]^{\text {b }}$ | $32 / \mathrm{CDCl}_{3}$ | 314 | 162 | 61.7 |
| $16\left[\mathrm{WBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CDCl}_{3}$ | 311 | 668 | 57.4 |
| $17\left[\mathrm{WCl}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]^{\mathrm{b}}$ | $32 / \mathrm{CDCl}_{3}$ | 281 | 189 | 54.6 |
| $18\left[\mathrm{~W}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dppp})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ | $121.5 / \mathrm{CD}_{2} \mathrm{Cl}_{2}$ | 260 | 932 | 46.9 |

${ }^{\text {a }} T_{\mathrm{C}}$ and $\delta v$ determined by variable temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectroscopy. $\Delta G_{\mathrm{C}}^{\ddagger}$ calculated by Eq. (1).
${ }^{\mathrm{b}}$ Data from Ref. [5].
mined assuming an equally populated two-site system and a transmission coefficient $\kappa$ of unity. On the basis of these assumptions, the Eyring equation can be simplified to Eq. (1) which has been employed in this work for the calculation of $\Delta G_{C}^{\ddagger}$ [14].
$\Delta G_{\mathrm{C}}^{\ddagger}=19.14 T_{\mathrm{C}}\left[9.972+\log \left(T_{\mathrm{C}} / \delta v\right)\right] \mathrm{J} \mathrm{mol}^{-1}$.
We estimate that although $\delta v$ can be determined with good accuracy, measurement of $T_{\mathrm{C}}$ carries a maximum error of $\pm 5{ }^{\circ} \mathrm{C}$ with a consequent error in $\Delta G_{C}^{\text {米 of ca. }}$ $\pm 1 \mathrm{~kJ} \mathrm{~mol}^{-1}$. Thus we suggest that a difference in $\Delta G_{E}^{t}$ values between two complexes of more than 2 kJ $\mathrm{mol}^{-1}$ represents an effect for consideration. In accord with our error estimation, duplicate determinations on complexes $\mathbf{8}$ and 9 gave values of $\Delta G_{C}^{t}$ consistent to within $1 \mathrm{~kJ} \mathrm{~mol}^{-1}$.

### 2.2.2. Discussion

The sub-sections below consider in turn the effect of variation of $\mathrm{R}, \mathrm{X}, \mathrm{P}-\mathrm{P}$, and M upon the free energy of activation to a trigonal twist process in $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right]$. The values of $\Delta G_{\mathrm{C}}^{\ddagger}$ which form the basis of this discussion are summarised in Table 3.

### 2.2.2.1. Effect of $R\left[R=\right.$ cycloheptatrienyl $\left(C_{7} H_{7}\right)$, cyclo-

 hexenyl $\left(C_{6} H_{9}\right)$ or cyclooctenyl $\left(C_{8} H_{13}\right)$ ]. Comparison of analogous allyl and cycloheptatrienyl complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right] \quad\left(\mathrm{R}=\mathrm{C}_{3} \mathrm{H}_{5}\right.$ or $\left.\mathrm{C}_{7} \mathrm{H}_{7}\right)$ reveals that changes in the identity of R have the potential for a very large effect on the magnitude of $\Delta G_{C}^{\ddagger}$ for the trigonal twist process. For example, in the case of $\left[\operatorname{MoI}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{R}\right)\right] \quad\left(\mathrm{R}=\mathrm{C}_{3} \mathrm{H}_{5}, \quad \Delta G_{\mathrm{C}}^{\ddagger}=44.3 \mathrm{~kJ}\right.$ $\left.\mathrm{mol}^{-1}[2] ; \mathrm{R}=\mathrm{C}_{7} \mathrm{H}_{7}, \Delta G_{\mathrm{C}}^{\ddagger}=64.4 \mathrm{~kJ} \mathrm{~mol}^{-1}\right)$ the differ-ence in $\Delta G_{C}^{t}$ is ca. $20 \mathrm{~kJ} \mathrm{~mol}^{-1}$. It was therefore of considerable interest to investigate other R ligands to establish both the generality of the trigonal twist process and the effect of R on $\Delta G_{\mathrm{C}}^{\ddagger}$.

Variable temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR investigations on the cyclohexenyl complexes $\left[\mathrm{MBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\right.\right.$ $\left.\mathrm{C}_{6} \mathrm{H}_{9}\right)$ ] (1, M $=\mathrm{Mo} ; \mathbf{2}, \mathrm{M}=\mathrm{W}$ ) and the cyclooctenyl complexes $\left[\mathrm{MoX}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right](\mathbf{3}, \mathrm{X}=\mathrm{I} ; \mathbf{4}$, $\mathrm{X}=\mathrm{Br} ; \mathbf{5}, \mathrm{X}=\mathrm{Cl})$ reveal behaviour characteristic of the operation of a trigonal twist process. It is clear therefore that this is a fairly general property of complexes of the type $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right]$ with examples now demonstrated for $\mathrm{R}=$ cycloheptatrienyl, cyclohexenyl, cyclooctenyl and allyl $\left(\mathrm{C}_{3} \mathrm{H}_{5}\right)$. However, it is important to note that these observations are not made for all possible identities of $\eta^{3}$-R ligands; in some cases variable temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR methods fail to provide any evidence for a trigonal twist process. For example, our ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$ investigations on the cycloheptadienyl complexes $\left[\mathrm{MoX}(\mathrm{CO})_{2}(\right.$ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{9}\right)\right]$ ( $\mathrm{X}=\mathrm{Cl}$ or NCO ) [7] reveal temperature invariant spectra consisting of two discrete doublet resonances and similarly the 2-methylallyl complex $\left[\mathrm{MoCl}(\mathrm{CO})_{2}(\mathrm{dppe})\right.$ -$\left.\left(\eta^{3}-2-\mathrm{Me}-\mathrm{C}_{3} \mathrm{H}_{4}\right)\right]$ has a temperature invariant doublet of doublets pattern in the ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectrum [15].

Using data for the molybdenum complexes [Mo-$\left.\operatorname{Br}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{R}\right)\right]\left(\mathbf{1}, \mathrm{R}=\mathrm{C}_{6} \mathrm{H}_{9} ; \mathbf{4}, \mathrm{R}=\mathrm{C}_{8} \mathrm{H}_{13} ; 7\right.$, $\mathrm{R}=\mathrm{C}_{7} \mathrm{H}_{7}$ ) a clear ordering in $\Delta G_{C}^{\ddagger}\left(\mathrm{R}=\mathrm{C}_{7} \mathrm{H}_{7}>\right.$ $\mathrm{C}_{6} \mathrm{H}_{9}>\mathrm{C}_{8} \mathrm{H}_{13}$ ) is apparent with a very large decrease in $\Delta G_{C}^{\ddagger}\left(\mathrm{ca} ..11 \mathrm{~kJ} \mathrm{~mol}{ }^{-1}\right)$ on replacement of the cyclohexenyl by the cyclooctenyl ligand. We attribute the relatively low $\Delta G_{\mathrm{C}}^{\ddagger}$ values observed for the cyclooctenyl complexes to the flexibility of the methylene groups of
the cyclooctenyl ring allowing them to bend away from and so avoid interaction with the $\operatorname{MoX}(\mathrm{CO})_{2}$ (dppe) group. To complete the series of ligands R it is necessary to make a direct comparison with data for allyl complexes $\left[\mathrm{MI}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{3} \mathrm{H}_{5}\right)\right]$ which are available only as iodide derivatives. Comparison of $\Delta G_{C}^{\ddagger}$ values for $\left[\mathrm{MoI}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{R}\right)\right] \quad\left(3, \quad \mathrm{R}=\mathrm{C}_{8} \mathrm{H}_{13}\right.$, $\Delta G_{\mathrm{C}}^{\ddagger}=53.3 \mathrm{~kJ} \mathrm{~mol}{ }^{-1} ; \quad \mathrm{R}=\mathrm{C}_{3} \mathrm{H}_{5}, \quad \Delta G_{\mathrm{C}}^{\ddagger}=44.3 \mathrm{~kJ}$ $\mathrm{mol}^{-1}$ ) clearly establishes that it is the $\mathrm{C}_{3} \mathrm{H}_{5}$ ligand which promotes the lowest values of $\Delta G_{C}^{\ddagger}$.

The data for the effect of R on the magnitude of $\Delta G_{C}^{\ddagger}$ guided our choice of ligand R for the subsequent investigations on variation in X and $\mathrm{P}-\mathrm{P}$. Systems with accessible coalescence temperatures and limiting low temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectra generally exhibit $\Delta G_{C}^{t}$ in the range $40-65 \mathrm{~kJ} \mathrm{~mol}^{-1}$ and to achieve this for a wide range of ligands X and $\mathrm{P}-\mathrm{P}$, it is necessary to select R to promote relatively high $\Delta G_{C}^{\ddagger}$ values. In this way for example investigations on $\mathrm{X}=\mathrm{Cl}$, not possible for complexes such as $\left[\mathrm{MoCl}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{3} \mathrm{H}_{5}\right)\right]$, are facilitated. Our choice of ligand R for subsequent studies was therefore between $\mathrm{R}=$ cyclohexenyl or cycloheptatrienyl and, in the event, $\mathrm{R}=\mathrm{C}_{7} \mathrm{H}_{7}$ was selected because some data on the effect of variation of X and $\mathrm{P}-\mathrm{P}$ were already available from our previous work [5].
2.2.2.2. Effect of $X$. In the cycloheptatrienylmolybdenum complexes $\left[\operatorname{MoX}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right] \quad(6-10)$, only the ligand $\mathrm{X}(\mathrm{X}=\mathrm{I}, \mathrm{Br}, \mathrm{Cl}, \mathrm{NCO}, \mathrm{NCS})$ is varied. As expected from the work [2] on $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\right.\right.$ $\left.\mathrm{C}_{3} \mathrm{H}_{5}\right)$ ] the highest $\Delta G_{C}^{\ddagger}$ is observed for $\mathrm{X}=\mathrm{I}$. However, study of the cycloheptatrienyl system also allowed calculation of $\Delta G_{\mathrm{C}}^{\ddagger}$ for $\mathrm{X}=\mathrm{Br}$ or Cl and the results reveal a steady decrease in $\Delta G_{C}^{\ddagger}$ of ca. $3 \mathrm{~kJ} \mathrm{~mol}^{-1}$ along the series $\mathrm{I}>\mathrm{Br}>\mathrm{Cl}$. In fact the ligand $\mathrm{X}=\mathrm{NCO}$ promotes the lowest value of $\Delta G_{C}^{\ddagger}$ and this finding was utilised in the design of a series of complexes to examine the effect of the chelate phosphine ligand P-P (see below).

Having derived a series for X in the cycloheptatrienyl system we decided to check its validity for the cyclooctenyl system $\left[\mathrm{MoX}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right](\mathrm{X}=\mathrm{I}$, $\mathrm{Br}, \mathrm{Cl})$ in which the absolute magnitude of $\Delta G_{\mathrm{C}}^{ \pm}$is much lower. Inspection of $\Delta G_{\mathrm{C}}^{\ddagger}$ values for cyclooctenyl complexes $3-5$ confirms the ordering $\mathrm{I}>\mathrm{Br}>\mathrm{Cl}$ but the overall magnitude of the change from $\mathrm{I}=\mathrm{I}$ to $\mathrm{X}=\mathrm{Cl}$ is probably larger than that observed for the cycloheptatrienyl system. We conclude therefore that, whilst the ordering of $\Delta G_{C}^{\ddagger}$ along the halide series $\mathrm{I}>\mathrm{Br}>\mathrm{Cl}$ is probably generally applicable to complexes of the type $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right]$, the absolute magnitude of the change in $\Delta G_{C}^{t}$ along the series is dependent on the other variables M, P-P and R.

In general, we have not attempted to rationalise the effects of variation in $\mathrm{M}, \mathrm{X}, \mathrm{P}-\mathrm{P}$ and R upon $\Delta G_{C}^{\ddagger}$
because it is not possible to delineate the contributions of steric and electronic effects. It seems probable that an increase in the steric requirements of $\mathrm{X}, \mathrm{P}-\mathrm{P}$ or R will operate to increase $\Delta G_{C}^{\ddagger}$ as is observed for the halide series $\mathrm{X}=\mathrm{Cl}, \mathrm{Br}$ or I but considerable caution must be exercised because of a superimposed electronic effect. Use of carbonyl stretching frequencies as a probe suggests that electron density at the metal centre increases slightly along the series $\mathrm{I}<\mathrm{Br}<\mathrm{Cl}$ [complexes 3-5 (Table 1) and 6-8] and similarly NCS $<$ NCO $\left[v(\mathrm{CO})\left(\mathrm{cm}^{-1}, \mathrm{CH}_{2} \mathrm{Cl}_{2}\right): 10,(\mathrm{X}=\mathrm{NCS}), 1940,1865 ; 9\right.$, ( $\mathrm{X}=\mathrm{NCO}$ ), 1933, 1855] [6]. If steric factors for $\mathrm{X}=$ NCO, NCS are similar then it may be inferred that an increase in electron density at the metal centre correlates with a decrease in $\Delta G_{\mathrm{C}}^{\ddagger}$.
2.2.2.3. Effect of $P-P$. Ligands of the type $\mathrm{R}_{2}^{\prime} \mathrm{P}\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PR}_{2}^{\prime}$ may affect $\Delta G_{C}^{\ddagger}$ through the chain length ( $n$ ) or the identity of $\mathrm{R}^{\prime}$ substituents attached to phosphorus. Previous studies with $\left[\mathrm{MoX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})-\right.$ $\left(\eta^{3}-\mathrm{C}_{3} \mathrm{H}_{5}\right)$ ] suggest [2] that replacement of dppm $(n=1)$ by dppe ( $n=2$ ) decreases $\Delta G_{\mathrm{C}}^{\ddagger}$ by ca. $2.5 \mathrm{~kJ} \mathrm{~mol}^{-1}$. In this work the effect of chain length was investigated further through the complexes $\mathbf{1 1}, \mathbf{9}$ and $\mathbf{1 2}$ in which $n$ is systematically increased from 1 to 3 . To promote direct comparison, all other ligands in complexes $\mathbf{9}, \mathbf{1 1}$ and $\mathbf{1 2}$ are identical; the ligand X was selected as NCO because this reduces $\Delta G_{C}^{*}$ and permits measurement of $T_{\mathrm{C}}$ for the dppm derivative 11. In fact, complex $\mathbf{1 1}$ is the first example of a dppm derivative of the cycloheptatrienyl system for which the trigonal twist process has been shown to operate. Previous attempts with derivatives where $\mathrm{X}=$ halide were unsuccessful due to decomposition of the complexes at the high temperatures required for investigation [5].

Examination of $\Delta G_{C}^{t}$ values for the NCO complexes 9,11 and $\mathbf{1 2}$ reveals a non-linear decrease in $\Delta G_{C}^{f}$ with increasing chain length $n$. The dppm derivative $\mathbf{1 1}$ exhibits the highest value of $\Delta G_{\mathrm{C}}^{\ddagger}\left(58.1 \mathrm{~kJ} \mathrm{~mol}^{-1}\right)$ and this decreases by ca. $3 \mathrm{~kJ} \mathrm{~mol}^{-1}$ in the dppe derivative 9. A much larger decrease in $\Delta G_{C}^{\ddagger}\left(\mathrm{ca} .6 \mathrm{~kJ} \mathrm{~mol}^{-1}\right)$ is observed on moving to the dppp derivative, 12. Further to establish the large change in $\Delta G_{C}^{\ddagger}$ from $n=2$ to $n=3$, the bromide derivative $\left[\operatorname{MoBr}(\mathrm{CO})_{2}(\mathrm{dppp})\left(\eta^{3}-\right.\right.$ $\mathrm{C}_{7} \mathrm{H}_{7}$ )] $\mathbf{1 3}$ was prepared for direct comparison with the dppe analogue 7 and again a decrease in $\Delta G_{\mathrm{C}}^{\ddagger}$ of ca. 6 $\mathrm{kJ} \mathrm{mol}^{-1}$ is observed. Overall it is clear that the length of the bridging chain in the diphosphine has a very significant effect with $\Delta G_{C}^{\ddagger}$ decreasing by ca. 10 kJ $\mathrm{mol}^{-1}$ along the series $n=1-3$. In an attempt to assess the effect of the phosphine ligand substituents $\mathrm{R}^{\prime}$ we also synthesised the dmpe complex $[\mathrm{Mo}(\mathrm{NCO})$ $(\mathrm{CO})_{2}($ dmpe $\left.)\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$, (14). The substitution of phosphine phenyl substituents in 9 with the methyl substituents of $\mathbf{1 4}$ whilst keeping chain length ( $n=2$ ) constant has only a small effect (if any) on $\Delta G_{C}^{\ddagger}$ (de-
crease of ca. $2 \mathrm{~kJ} \mathrm{~mol}^{-1}$ ) although it is not possible to delineate the contribution of the differing steric and electronic effects of the Me and Ph substituents. In summary however, the dominant effect connected with the $\mathrm{R}_{2}^{\prime} \mathrm{P}\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PR}_{2}^{\prime}$ ligand appears to be the bridging chain length and the flexibility imparted to the system as $n$ is increased.
2.2.2.4. Effect of $M(M=$ Mo or $W)$. In the allyl complexes $\left[\mathrm{MI}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{3} \mathrm{H}_{5}\right)\right]$, substitution of Mo by W leads to an increase in $\Delta G_{C}^{\ddagger}$ by $2-3 \mathrm{~kJ} \mathrm{~mol}^{-1}$ depending on the identity of $\mathrm{P}-\mathrm{P}$. A similar effect is evident from comparison of the cyclohexenyl complexes $\left[\mathrm{MBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)\right](\mathbf{1}, \quad \mathrm{M}=\mathrm{Mo} ; \mathbf{2}, \quad \mathrm{M}=\mathrm{W})$ for which an increase in $\Delta G_{C}^{\ddagger}$ of ca. $4 \mathrm{~kJ} \mathrm{~mol}^{-1}$ is observed. The results for the cycloheptatrienyltungsten system were therefore unexpected in that they show a decrease in $\Delta G_{C}^{\ddagger}$ of ca. $3 \mathrm{~kJ} \mathrm{~mol}^{-1}$ through replacement of Mo by W. We have reasonable confidence in this conclusion because: (i) the difference in $\Delta G_{C}^{\ddagger}$ between analogous Mo and W complexes is larger than the estimated allowance for experimental error; and (ii) the effect is consistent for comparison of a complete series of halide complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right](\mathrm{X}=\mathrm{I}$, $\mathrm{Br}, \mathrm{Cl} ; \mathrm{M}=\mathrm{Mo}, 6-\mathbf{8} ; \mathrm{M}=\mathrm{W}, 15-17)$. In addition to the dppe complexes 15-17, we also examined $\left[\mathrm{W}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dppp})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right] \quad 18$, to determine whether the observation extended to systems in which $\Delta G_{\mathrm{C}}^{\ddagger}$ was much lower. Comparison of the $\Delta G_{\mathrm{C}}^{\ddagger}$ values for $\left[\mathrm{M}(\mathrm{NCO})(\mathrm{CO})_{2}(\mathrm{dppp})\left(\eta-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right](\mathbf{1 2}, \mathrm{M}=\mathrm{Mo} ; \mathbf{1 8}$, $\mathrm{M}=\mathrm{W}$ ) reveals a decrease of ca. $2 \mathrm{~kJ} \mathrm{~mol}{ }^{-1}$ by substitution of Mo with W and, although the magnitude of the difference could be accounted for by experimental error, the trend is consistent with that observed for the dppe analogues. Finally, it should be noted that in complex 18, the variables $\mathrm{X}, \mathrm{P}-\mathrm{P}$ and M are all set to promote the lowest value of $\Delta G_{C}^{\ddagger}$ and therefore the result of $47 \mathrm{~kJ} \mathrm{~mol}^{-1}$ may be taken as a very approximate guide to the minimum free energy of activation to the trigonal twist process in the cycloheptatrienyl complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$.
2.2.2.5. H - and ${ }^{13} C\left\{{ }^{1} H\right\}$-NMR spectra. The ${ }^{1} \mathrm{H}$ - and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$-NMR data for the new complexes reported in this paper are summarised in Table 2. The generally broad appearance of the ambient temperature spectra is consistent with the operation of a trigonal twist process, with the broadening effect especially marked where coalescence temperatures $T_{\mathrm{C}}$ lie in the range $280-320 \mathrm{~K}$ (see Table 3). Typical observations are broadening of the ring ( R ligand) resonances in both ${ }^{1} \mathrm{H}$ - and ${ }^{13} \mathrm{C}-\mathrm{NMR}$ spectra, broadening of signals associated with methylene groups of the chelate phosphine and failure to observe the carbonyl carbon resonance in the ${ }^{13} \mathrm{C}$-NMR spectrum. These observations are manifest in the majority of the cycloheptatrienyl complexes
and in the cyclohexenyl complexes $\mathbf{1}$ and $\mathbf{2}$ for which the broadness of the ambient temperature ${ }^{1} \mathrm{H}-\mathrm{NMR}$ spectra precluded attempts at assignment of ring protons. Fortunately, in the cycloheptatrienyl system spectral assignment is facilitated by a rapid 1,2 -shift process which renders equivalent all seven protons and carbons of the $\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}$ ring [16]. We have already demonstrated that for the cycloheptatrienyl complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}{ }^{-}\right.$ $\left.(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$, better resolved ${ }^{1} \mathrm{H}$ - and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra can be obtained by employing variable temperature studies [5]. Although we considered it unnecessary to extend such investigations to the additional cycloheptatrienyl complexes reported in the current work, some points of interest do arise from the new cyclohexenyl and cyclooctenyl systems and these are discussed below.

Low temperature ${ }^{1} \mathrm{H}$ - and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectra have been acquired for the cyclohexenyl complexes $\mathbf{1}$ $\left({ }^{1} \mathrm{H}\right.$ and ${ }^{13} \mathrm{C}$ ) and 2 ( ${ }^{1} \mathrm{H}$ only) with the objective of obtaining fully assigned spectra. The low temperature spectra are indicative of an asymmetric structure with two discrete phosphorus environments and consistent with the solid state structure determined by X-ray crystallography on analogous complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}{ }^{-}\right.$ $\left.(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right]$. Thus in $1\left[-40{ }^{\circ} \mathrm{C}\left({ }^{1} \mathrm{H}\right) /-30{ }^{\circ} \mathrm{C}\left({ }^{13} \mathrm{C}\right)\right]$ all the ring protons/carbons are inequivalent and in the ${ }^{13} \mathrm{C}$-NMR spectrum there are two separate carbonyl resonances each with couplings to two distinct phosphorus atoms. Moreover, there are two non-equivalent methylene carbons for the dppe ligand, each split into four lines by $\mathrm{J}(\mathrm{P}-\mathrm{C})$ coupling. By contrast, the ambient temperature ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ spectrum of the tungsten derivative $\mathbf{2}$ exhibits discrete but very broad resonances for the cyclohexenyl ring carbons and methylene bridge carbons of the dppe ligand.

The ambient temperature ${ }^{1} \mathrm{H}$ - and ${ }^{13} \mathrm{C}\{\mathrm{H}\}-\mathrm{NMR}$ spectra of the cyclooctenyl complexes $\left[\mathrm{MoX}(\mathrm{CO})_{2}{ }^{-}\right.$ $($ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right] \quad(\mathbf{3}, \mathrm{X}=\mathrm{I} ; \mathbf{4}, \mathrm{X}=\mathrm{Br} ; \mathbf{5}, \mathrm{X}=\mathrm{Cl})$ demonstrate the opposite extreme of the effect of the trigonal twist process on such spectra. In these cases, coalescence temperatures are less than 280 K and the ring protons/carbons, dppe methylene protons/carbons and the carbonyl carbons exhibit fully averaged environments (for example in the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}-\mathrm{NMR}$ spectra, only five cyclooctenyl ring carbons are observed). This is especially the case for the chloride derivative 5, whereas the iodide derivative 3 (which has the higher coalescence temperature) displays quite significant broadening of these resonances.

## 3. Conclusions

Variable temperature ${ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR investigations strongly support the operation of a trigonal twist fluxional process in complexes of the type $\left[\mathrm{MX}(\mathrm{CO})_{2}{ }^{-}\right.$
$\left.(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{R}\right)\right][\mathrm{R}=$ cycloheptatrienyl, cyclohexenyl, cyclooctenyl or allyl $\left(\mathrm{C}_{3} \mathrm{H}_{5}\right)$ ] but the process is not universal for all identities of R. Calculation of $\Delta G_{C}^{\ddagger}$ for the molybdenum complexes $\left[\mathrm{MoX}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{R}\right)\right]$ reveals a decrease in the order $\mathrm{R}=$ cycloheptatrienyl $>$ cyclohexenyl > cyclooctenyl > allyl. Detailed investigations on the effect of variation of X and $\mathrm{P}-\mathrm{P}$ on $\Delta G_{C}^{\ddagger}$ were carried out on the cycloheptatrienyl complexes $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ which exhibited accessible values of $\Delta G_{C}^{\ddagger}\left(45-65 \mathrm{~kJ} \mathrm{~mol}^{-1}\right)$ over a wide variation in ligands X and $\mathrm{P}-\mathrm{P}$. The complexes [MoX$(\mathrm{CO})_{2}($ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ establish that $\Delta G_{\mathrm{C}}^{\ddagger}$ decreases in the order $\mathrm{X}=\mathrm{I}>\mathrm{Br} \approx \mathrm{NCS}>\mathrm{Cl}>\mathrm{NCO}$ whilst investigations on $\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}\left\{\mathrm{Ph}_{2} \mathrm{P}-\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PPh}_{2}\right\}\left(\eta^{3}-\right.\right.$ $\mathrm{C}_{7} \mathrm{H}_{7}$ )] show that $\Delta G_{C}^{\ddagger}$ decreases significantly from $n=1$ to $n=3$. The variables $\mathrm{M}, \mathrm{X}, \mathrm{P}-\mathrm{P}$ and R are not independent but the trends in $\Delta G_{C}^{t}$ observed for the variation of X and $\mathrm{P}-\mathrm{P}$ in the cycloheptatrienyl system appear to have some general validity. The effect on $\Delta G_{C}^{\ddagger}$ of exchange of Mo for W is strongly R -dependent. Where $\mathrm{R}=$ cyclohexenyl or allyl, $\Delta G_{\mathrm{C}}^{\ddagger}$ increases on substitution of Mo by W but the reverse effect is observed for $\mathrm{R}=\mathrm{C}_{7} \mathrm{H}_{7}$.

## 4. Experimental

### 4.1. General procedures

The preparation, purification and reactions of the complexes described were carried out under dry nitrogen. All solvents were dried by standard methods, distilled and deoxygenated before use. The compounds $\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{NCMe})_{2}\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)\right] \quad[12], \quad\left[\mathrm{MoBr}(\mathrm{CO})_{2}-\right.$ $\left.(\mathrm{NCMe})_{2}\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right][13]$ and $\left[\mathrm{M}(\mathrm{NCO})(\mathrm{CO})_{2}\left(\eta-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ ( $\mathrm{M}=\mathrm{Mo}$ or W ) [17] were prepared by published procedures. Three hundred megahertz ${ }^{1} \mathrm{H}$ - and 75 MHz ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectra were recorded on Bruker AC 300 E, Varian Associates XL 300 or Varian Unity Inova 300 spectrometers; $121.5 \mathrm{MHz}{ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectra were recorded on the Varian Unity Inova 300 instrument. Infrared spectra were obtained on a Perkin-Elmer FT 1710 spectrometer and mass spectra were recorded using Kratos Concept 1S (FAB spectra) or Micromass Platform II (ES spectra) instruments. Microanalyses were by the staff of the Microanalytical Service of the Department of Chemistry, University of Manchester.

### 4.2. Preparation of $\left[\operatorname{MoBr}(\mathrm{CO})_{2}(d p p e)\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)\right]$ (1)

Reaction of $\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{NCMe})_{2}\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)\right](2.71 \mathrm{~g}$, $6.86 \mathrm{mmol})$ with dppe ( $2.73 \mathrm{~g}, 6.86 \mathrm{mmol}$ ) in THF ( 60 $\mathrm{cm}^{3}$ ) gave an orange solution which was stirred at room temperature (r.t.) for 24 h . The reaction mixture was
then evaporated to dryness and the crude product recrystallised from $\mathrm{CH}_{2} \mathrm{Cl}_{2}$-hexane then toluene-diethyl ether to give $\mathbf{1}$ as a yellow-orange solid; yield $2.15 \mathrm{~g}(44 \%)$.

### 4.3. Preparation of $\left[\mathrm{WBr}(\mathrm{CO})_{2}(\right.$ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{6} \mathrm{H}_{9}\right)\right]$ (2)

A stirred solution of $\left[\mathrm{W}(\mathrm{CO})_{3}(\mathrm{NCMe})_{3}\right](0.848 \mathrm{~g}$, 2.17 mmol ) in NCMe ( $30 \mathrm{~cm}^{3}$ ) was treated with 3-bromocyclohexene $(0.350 \mathrm{~g}, 2.17 \mathrm{mmol})$. After 40 min , precipitation of the product $\left[\mathrm{WBr}(\mathrm{CO})_{2}(\mathrm{NCMe})_{2}\left(\eta^{3}-\right.\right.$ $\left.\mathrm{C}_{6} \mathrm{H}_{9}\right)$ ] as a pale yellow-green solid was complete; yield 0.923 g . The intermediate $\left[\mathrm{WBr}(\mathrm{CO})_{2}(\mathrm{NCMe})_{2}\left(\eta^{3}-\right.\right.$ $\left.\left.\mathrm{C}_{6} \mathrm{H}_{9}\right)\right](0.445 \mathrm{~g}, 0.92 \mathrm{mmol})$ in thf $\left(30 \mathrm{~cm}^{3}\right)$ was treated with dppe ( $0.370 \mathrm{~g}, 0.093 \mathrm{mmol}$ ) and stirred at r.t. for 40 h . The solvent was then removed and the residue recrystallised from $\mathrm{CH}_{2} \mathrm{Cl}_{2}$-hexane then acetone-hexane to give 2 as a bright yellow solid; yield 0.678 g (92\%).

### 4.4. Preparation of $\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\right.$ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right]$ (4)

Reaction of $\left[\mathrm{MoBr}(\mathrm{CO})_{2}(\mathrm{NCMe})_{2}\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right](0.350$ $\mathrm{g}, 0.83 \mathrm{mmol})$ with dppe ( $0.329 \mathrm{~g}, 0.83 \mathrm{mmol}$ ) in $\mathrm{CH}_{2} \mathrm{Cl}_{2}\left(20 \mathrm{~cm}^{3}\right)$ gave an orange solution which was stirred at r.t. for 2 h . The solvent was then removed in vacuo and the residue recrystallised from $\mathrm{CH}_{2} \mathrm{Cl}_{2}$-hexane to give 4 as a yellow-orange solid; yield 0.510 g ( $83 \%$ ).

### 4.5. Preparation of $\left[\mathrm{MoX}(\mathrm{CO})_{2}(\right.$ dppe $\left.)\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right](\mathbf{3}$, $X=I ; \mathbf{5}, X=C l)$

A stirred solution of $\left[\operatorname{MoBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right]$ ( $0.370 \mathrm{~g}, 0.50 \mathrm{mmol}$ ) in AnalaR acetone ( $30 \mathrm{~cm}^{3}$ ) was treated with $\mathrm{Ag}\left[\mathrm{BF}_{4}\right](0.120 \mathrm{~g}, 0.62 \mathrm{mmol})$. The solution was stirred for 30 min , filtered to remove the precipitate of AgBr and then $\mathrm{KI}(0.415 \mathrm{~g}, 2.5 \mathrm{mmol})$ was added. After stirring for 20 h the solution was evaporated to dryness and the residue recrystallised from $\mathrm{CH}_{2} \mathrm{Cl}_{2}-$ hexane to give 3 as an orange solid; yield $0.158 \mathrm{~g}(40 \%)$. The chloride derivative $\left[\mathrm{MoCl}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\mathrm{C}_{8} \mathrm{H}_{13}\right)\right]$, 5 was prepared similarly from $\left[\operatorname{MoBr}(\mathrm{CO})_{2}(\mathrm{dppe})\left(\eta^{3}-\right.\right.$ $\left.\left.\mathrm{C}_{8} \mathrm{H}_{13}\right)\right](0.200 \mathrm{~g}, 0.27 \mathrm{mmol}), \mathrm{Ag}\left[\mathrm{BF}_{4}\right](0.071 \mathrm{~g}, 0.36$ $\mathrm{mmol})$ and $\mathrm{LiCl}(0.057 \mathrm{~g}, 1.36 \mathrm{mmol})$ and isolated an orange-yellow solid; yield $0.060 \mathrm{~g}(32 \%)$.

$$
\begin{aligned}
& \text { 4.6. Preparation of }\left[\mathrm{MX}(\mathrm{CO})_{2}(P-P)\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right] \\
& {[M=\mathrm{Mo} \text { or } W, X=\mathrm{Br} \text { or } \mathrm{NCO},} \\
& \left.P-P=\mathrm{Ph}_{2} P\left(\mathrm{CH}_{2}\right)_{n} P \mathrm{Ph}_{2}(n=1-3)\right], \mathbf{7}, \mathbf{1 1}-\mathbf{1 3}, \mathbf{1 6}, \mathbf{1 8}
\end{aligned}
$$

These complexes were prepared by a standard procedure starting from $\left[\mathrm{MX}(\mathrm{CO})_{2}\left(\eta-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right](\mathrm{M}=\mathrm{Mo}$ or W ; $\mathrm{X}=\mathrm{Br}$ or NCO ). Reaction of a green solution of $\left[\mathrm{MX}(\mathrm{CO})_{2}\left(\eta-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ (ca. 0.50 g ) in $\mathrm{CH}_{2} \mathrm{Cl}_{2}\left(20 \mathrm{~cm}^{3}\right)$
with an equimolar quantity of $\mathrm{Ph}_{2} \mathrm{P}\left(\mathrm{CH}_{2}\right)_{n} \mathrm{PPh}_{2}(n=1-$ 3) at r.t. gave a red-purple solution of the product $\left[\mathrm{MX}(\mathrm{CO})_{2}(\mathrm{P}-\mathrm{P})\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$. After stirring for 2 h the solution was evaporated to dryness and the residue recrystallised from $\mathrm{CH}_{2} \mathrm{Cl}_{2}$-hexane and subsequently, acetone-hexane to give the product as a red to purple solid. Details of colours and yields are presented in Table 1.

### 4.7. Preparation of $\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}(\right.$ dmpe $\left.)\left(\eta^{3}-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$

 (14)A stirred solution of $\left[\mathrm{Mo}(\mathrm{NCO})(\mathrm{CO})_{2}\left(\eta-\mathrm{C}_{7} \mathrm{H}_{7}\right)\right]$ ( $0.175 \mathrm{~g}, 0.61 \mathrm{mmol}$ ) in $\mathrm{CH}_{2} \mathrm{Cl}_{2}\left(20 \mathrm{~cm}^{3}\right)$ was cooled to $-78{ }^{\circ} \mathrm{C}$ and then treated with dmpe $(0.100 \mathrm{~g}, 0.66$ $\mathrm{mmol})$. The reaction mixture was allowed to warm slowly to r.t. and reaction to give a red solution of the product commenced at $-40^{\circ} \mathrm{C}$. After stirring at r.t. for 30 min the reaction mixture was evaporated to dryness and the residue dried in vacuo, for 2 h . The crude product was then recrystallised from $\mathrm{CH}_{2} \mathrm{Cl}_{2}-$ hexane to give $\mathbf{1 4}$ as a deep purple solid; yield 0.080 g (30\%).

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[^0]:    * Corresponding author. Tel.: +44-161-2754634; fax: +44-1612754598.

    E-mail address: mark.whiteley@man.ac.uk (M.W. Whiteley).

[^1]:    ${ }^{a}$ Calculated values in parentheses.
    ${ }^{\mathrm{b}}$ Solution spectra in $\mathrm{CH}_{2} \mathrm{Cl}_{2}$
    ${ }^{\text {c }}$ By FAB mass spectroscopy unless stated otherwise, $m / z$ values based on ${ }^{98} \mathrm{Mo},{ }^{184} \mathrm{~W}$ and ${ }^{79} \mathrm{Br}$.
    ${ }^{\mathrm{d}}$ By electrospray mass spectroscopy.

[^2]:    ${ }^{\mathrm{a}}{ }^{1} \mathrm{H}-, 300 \mathrm{MHz}$; ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}-, 75 \mathrm{MHz} ;{ }^{31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectra, 121.5 MHz ; all signals singlets unless stated otherwise, d, doublet; t, triplet; m, multiplet; br, broad; n. o ., not observed. Coupling constants in Hz indicated in parentheses: \{\} indicates $J(\mathrm{P}-\mathrm{H})$ or $J(\mathrm{P}-\mathrm{C}),[]$ indicates $J\left({ }^{183} \mathrm{~W}-\mathrm{P}\right)$, n.r. indicates not resolved. Chemical shifts downfield from SiMe 4 , spectra recorded in $\mathrm{CDCl}{ }_{3}$ a ambient temperature unless stated otherwise.
    ${ }^{\mathrm{b} ~}{ }^{1} \mathrm{H}-$ and ${ }^{13} \mathrm{C}$-NMR spectra in $\mathrm{CD}_{2} \mathrm{Cl}_{2}$.
    ${ }^{\mathrm{c}}$ All spectra in $\mathrm{CD}_{2} \mathrm{Cl}_{2}$.
    ${ }^{1}{ }^{1} \mathrm{H}$ - and ${ }^{13} \mathrm{C}-\mathrm{NMR}$ data
    ${ }^{\mathrm{d} 1} \mathrm{H}$ - and ${ }^{13} \mathrm{C}-\mathrm{NMR}$ data in Ref. [6].
    ${ }^{\mathrm{e} 31} \mathrm{P}\left\{{ }^{1} \mathrm{H}\right\}$-NMR spectrum in $\mathrm{CD}_{2} \mathrm{Cl}_{2}$.

